

Conversation Starters

The following questions and statements can be used to stimulate conversation if students are having trouble. Remind students to keep questions open-ended so that seniors will not just give a yes/no response.

Sample questions include:

- ❖ What is something you forgot once that you will never forget again?
- ❖ Describe your most vivid dream.
- ❖ What event in American history, that occurred during your lifetime, do you most vividly remember?
- ❖ If you could travel back in time to meet anyone in your family's history, whom would you most want to meet? What would you ask him/her?
- ❖ What specific aspect of being a child do you miss the most?
- ❖ What is the greatest lesson in life you have ever learned?
- ❖ What is the best decision you have made in your life?
- ❖ If you could go back in time and relive any moment in your life exactly as it originally happened, what event would you choose to experience again?
- ❖ What is the one thing you most regret never having the opportunity to do?
- ❖ What was your most fulfilling moment from the past five years?
- ❖ What is the greatest risk you have taken in your life?
- ❖ What family customs or traditions would you most like to see preserved?
- ❖ If you could meet any person living today, who would it be? Why?

